CLAIMS

- 1. A method for the early determination of the risk of mortality of patients in intensive care units or emergency care units, wherein the concentration of Cu/Zn superoxide dismutase (Cu/Zn SOD or SOD-1) is selectively determined in a serum or plasma sample of such a patient, and concentrations which are above a predetermined cut-off are correlated with a high risk of mortality.
- 2. The method as claimed in claim 1 wherein the patients are patients in intensive care units for whom the clinical diagnosis is sepsis, severe sepsis or septic shock.
- 3. The method as claimed in claim 1 or 2, wherein the method for the determination of the Cu/Zn SOD concentrations is an immunochemical assay method selective for Cu/Zn SOD.
- 4. The method as claimed in claim 3, wherein the selective immunochemical determination method is a ligand binding assay of the competitive type or sandwich type.
- 5. The method as claimed in any of claims 1 to 4, wherein the correlation between the Cu/Zn SOD concentration present in the serum or plasma sample and the cut-off is established by a quantitative or semi-quantitative concentration determination.
- 6. The method as claimed in claim 4 or 5, wherein the ligand binding assay is a homogeneous or heterogeneous immunoassay of the sandwich type, in which at least one marked monoclonal or polyclonal antibody is used for detecting Cu/Zn SOD and the marking is selected from radioisotope, fluorescence, chemiluminescence, enzyme and direct optically detectable dye particles.
- 7. The method as claimed in any of claims 1 to 6, wherein a value of 310 ng/ml or more is chosen as the optimal cut-off for the measured Cu/Zn SOD concentration.

- 8. The method as claimed in any of claims 1 to 7, which is carried out as part of a multiparameter determination in which a quantitative or qualitative determination of at least one further sepsis prognosis parameter is effected at the same time.
- 9. The method as claimed in claim 8, wherein at least one further parameter which is selected from the group which consists of procalcitonin, CA 19-9, CA 125, S100B, S100A proteins, soluble cytokeratin fragments, in particular CYFRA 21, TPS and/or soluble cytokeratin-1 fragments (sCY1F), the peptides inflammin, CHP, LASP-1, GNAT, mutarotase, CPS 1 and the peptide prohormones proANP, proBNP, proADM and the C-reactive protein (CRP) is determined as part of the multiparameter determination in addition to Cu/Zn SOD.
- 10. The method as claimed in claim 8 or 9, wherein the multiparameter determination is effected as a simultaneous determination by means of a chip technology measuring apparatus or an immunochromatographic measuring apparatus.
- 11. The method as claimed in claim 10, wherein the evaluation of the complex result of the measurement obtained using the measuring apparatus is effected with the aid of a computer program.
- 12. The method as claimed in any of claims 1 to 5, which is carried out as an immunochromatographic point-of-care method (accelerated test).